## PARENT-TODDLER WORKSHOP

Workshops will introduce and allow caregivers to practice strategies informed by Parent Child Interaction Therapy - Toddler, which is a specialized behavior management program for parents of children 0-3 years old.

SPACE IS
LIMITED, RESERVE
YOUR SPOT TODAY!!
(541) 743-4351



SUMMER WORKSHOPS ARE 3-HOURS, FOOD & CHILDCARE PROVIDED ON-SITE!









Parent-Toddler workshops are **FREE** for any family in Lane County.

## **EARN PRIZES, TOYS, AND BOOKS!**

Wednesday, July 27th | 3pm-6pm Saturday, Aug 13th | 9am-12pm Wednesday, Sept 14th | 3pm-6pm Saturday, Oct 15th | 9am-12pm Wednesday, Oct 26th | 3pm-6pm (virtual)

## **TOPICS TO BE COVERED INCLUDE:**

- Teaching parents skills to promote positive interactions, healthy parent-child attachment, and good minding.
- Teaching a no-hurting sequence to respond to and decrease aggressive behavior.
- Parenting skills to help decrease children's anxiety.
- Learning how to respond to BIG feelings by using skills to increase parental awareness of their own feelings as well as improving nurturing, supportive care for their child.

For more information or to enroll today, visit oregoncommunityprograms.org or contact Andrew Stevens at 541-743-4351