



Center *for* Family Development

Serving the community since 1991

PARENTING GROUPS



ZERO TO THREE PARENTING

This 10-week group is for parents of babies and toddlers ages 6 months - 3 years. Connect with other parents, learn about your child's temperament and development through this parent-cafe style group.

POSITIVE PARENTING SOLUTIONS

This 6-week group is for parents of toddler and pre-schoolers ages 3-5. Learn strategies for managing challenging behavior and connect with other parents about positive solutions for navigating the preschool period.

PREGNANCY & EARLY POSTPARTUM GROUP

The next group is starting April 27th. Call to sign up!

This 6-week group focuses on taking care of your emotional wellbeing and reducing stress during pregnancy and early postpartum. Learn strategies for paying attention to your mood, stress management techniques, and gain information about mental health during pregnancy and the postpartum period.



CONTACT US!

Phone: (541) 342-8437



all groups are FREE thanks to support from LaneKids